

**Social and Health Changes from the Family of 4**  
**Baseline Questionnaire**  
*The ISIS Foundation & RIDS-Nepal*

**General**

1. Name of household head: \_\_\_\_\_ Year house was built: \_\_\_\_\_
2. Household head is (circle one): male    female
3. Marital type (circle one): monogamous    polygynous    Amount of household debt: \_\_\_\_\_
4. Self-described socio-economic status (circle one): Low    Middle    High
5. Group-described socio-economic status (circle one): Low    Middle    High

6. Kind and numbers of livestock

Type:	Number:
Cattle	
Yaks/Naks	
Dzopa/Dzoma	
Goats	
Sheep	
Horses	
Tolba/tolbini	

7. Amount of land:

Type:	Days to plow	Describe fields (distance, quality of field, etc.)
Irrigated		
Non-irrigated		

8. Months of food security from their own crops per year: \_\_\_\_\_
9. What do they eat when the food they have grown is finished? Where do they get this food? What food do they buy?
10. Cooking method:
  - a. Open fire with stone support
  - b. Open fire with metal/steel frame (that strong expensive ~6,000 NRp metal frame)
  - c. Open fire with stones and odhan
  - d. Smokeless metal stove (define the kind)
  - e. "Jumla" design smokeless metal stove
  - f. Other: \_\_\_\_\_
11. Heating method:
  - a. open fire
  - b. smokeless metal stove (define the kind)
  - c. "Jumla" design smokeless metal stove
12. Lighting method:
  - a. jharro
  - b. matitel (tupi)
  - c. candle
  - d. hydro power
  - e. solar
13. Does this household have a latrine? \_\_\_\_\_



**Social/Attitudinal Data**

21. What changes will solar lighting bring to your house? Circle the most important change.

a. (Male response:)

b. (Female response:)

22. What will you do with solar lighting that you didn't do in the past? Circle the most important thing.

a. (male response:)

b. (female response:)

23. What is good about your current heating/cooking method? Circle the most important thing.

a. (male response:)

b. (female response:)

24. What is good about a smokeless stove? Circle the most important thing.

a. (male response:)

b. (female response:)

25. What is bad about smokeless stoves? Circle the most important thing.

a. (male response:)

b. (female response:)

26. What changes will a pit latrine bring to your home? Circle the most important change

b. (male response:)

c. (female response:)

27. What changes will clean drinking water bring to your home? Circle the most important change
- (male response:)
  
  
  
  - (female response:)
28. # of hours per week spent gathering wood for this household (estimate):
29. # of bari of wood used per week by this household by males:
30. # of bari of wood used per week by this household by females:
31. If used properly, a smokeless metal stove uses up to 1/2 as much wood as your open fire. This will save you time. What will women do with the extra time? What will men do with the extra time?
32. What are your primary sources of stress in life right now? Get Male answer AND female answer. Circle male answer.
33. Is the stress you feel the same as 10 years ago? If not, what has changed? Get Male answer AND female answer. Circle male answer.
34. If people in this village have solar lights, latrines, drinking water, and smokeless stoves, what else will be needed? Get Male answer AND female answer. Circle male answer.
35. What changes will occur in this village when every house has lights, drinking water, smokeless stove and a latrine? Get Male answer AND female answer. Circle male answer.
36. What diseases are currently present in this household (use local name and English name)? Record the age and sex of the person with each disease listed.
37. For each disease, what is being done to cure the disease (amchi, dhami, doctor, what medicines, what herbs)?

**Health Data (for ANM to collect)**

38. Household residents with acute upper respiratory infection (AURI):

Name	Sex	Age

39. Household residents with acute lower respiratory infection (ALRI):

Name	Sex	Age

40. Household residents currently suffering from diarrhea:

Name	Sex	Age	Blood in diarrhea? (y/n)

41. Household residents suffering from diarrhea within last 3 months:

Name	Sex	Age	Blood in diarrhea? (y/n)

42. Household residents currently suffering from worms:

Name	Sex	Age

43. Household residents suffering from intestinal worms within last 3 months:

Name	Sex	Age

44. How many children do you wish to have? And why?

45. How many children is ideal? And why?

46. Is this different from your mother's ideal?

47. If it is different, why are your ideas different from your mother's?

48. Do you have access to contraception?

49. Where can you access contraception?

50. Do you and your husband want the same number of children?

51. Do you and your husband agree on contraception?

52. What kind of contraception have you used?

53. What can be done to improve the hygiene of each family member?

54. How can this be done?

55. For each child (under age 5) in the household, record the following information:

Measurement	Name	Name	Name	Name
Sex				
Age in months				
BCG Scar Y/N				
Mid-upper arm circumference (cm)				
Weight				
Height/length (cm)				
Diarrhea Y/N				
Blood in diarrhea Y/N				
Dehydrated Y/N				
Worms Y/N				
Palmar pallor				

56. For each woman of childbearing age in the household, record the following information:

Measurement	Name	Name	Name	Name
Month and year of marriage				
Age				
Weight				
Height (cm)				
Palmar pallor				
Do you have to stop to catch your breath when walking at a moderate speed (do you stop more than normal)				
Do you walk more slowly than persons as old as you because of difficulty breathing?				
<b>Fertility Data:</b>	<b>Child's Name:</b>	<b>Sex:</b>	<b>Birth Date:</b>	<b>Surviving? (if no, when died and how?)</b>
First Child				
Second Child				
Third Child				
Fourth Child				
Fifth Child				
Sixth Child				
Seventh Child				
Eighth Child				