

Social and Health Changes from the Family of 4
Follow-up Questionnaire
The ISIS Foundation & RIDs-Nepal

General

1. Name of household head: _____ Year that house was built: _____
2. Household head is (circle one): male female
3. Marital type (circle one): monogamous polygynous _____ Amount of household debt: _____
4. Self-described socio-economic status (circle one): Low Middle High
5. Group-described socio-economic status (circle one): Low Middle High

6. Kind and numbers of livestock

Type:	Number:
Cattle	
Yaks/Naks	
Dzopa/Dzoma	
Goats	
Sheep	
Horses	
Tolba/tolbini	

7. Amount of land:

Type:	Days to plow	Describe fields (distance, quality of field, etc.)
Irrigated		
Non-irrigated		

8. Months of food security from their own crops per year: _____
9. What do they eat when the food they have grown is finished? Where do they get this food? What food do they buy?
10. Cooking method:
 - a. Open fire with stone support
 - b. Open fire with metal/steel frame (that strong expensive ~6,000 NRp metal frame)
 - c. Open fire with stones and odhan
 - d. smokeless metal stove (define the kind)
 - e. "Jumla" design smokeless metal stove
 - f. Other: _____
11. Heating method:
 - a. open fire
 - b. smokeless metal stove (define the kind)
 - c. "Jumla" design smokeless metal stove
12. Lighting method:
 - a. jharro
 - b. matitel (tupi)
 - c. candle
 - d. hydro power
 - e. solar
13. Does this household have a latrine? _____

Social/Attitudinal Data

21. What changes have solar lighting brought to your house? Circle the most important thing.

a. (Male response:)

b. (Female response:)

22. What changes has the smokeless stove brought to your house? Circle the most important thing.

a. (male response:)

b. (female response:)

23. What was good about your old heating/cooking method? Circle the most important thing.

a. (male response:)

b. (female response:)

24. What is good about a smokeless stove? Circle the most important thing.

a. (male response:)

b. (female response:)

25. What is bad about the new smokeless metal stoves? Circle the most important thing.

a. (male response:)

b. (female response:)

26. What changes has the pit latrine brought? Circle the most important thing.

27. # of hours per week spent gathering wood for this household (estimate)
28. # of bari of wood used per week by this household by males/females (circle the response for males):
29. If used properly, a smokeless metal stove uses up to ½ as much wood as your old open fire. This has saved you time. . What will women do with the extra time? What will men do with the extra time?
30. What are your primary sources of stress in life right now? Get Male answer AND female answer. Circle male answer.
31. Is the stress you feel the same as 10 years ago? If not, what has changed? Get Male answer AND female answer. Circle male answer.
32. Now that people in this village have solar lights, latrines, and smokeless stoves, what else is needed? Get Male answer AND female answer. Circle male answer.
33. What changes have occurred in this village now that every house has lights, smokeless stove and a latrine? Get Male answer AND female answer. Circle male answer.
34. What diseases are currently present in this household (use local name and English name)? Record the age and sex of the person with each disease listed.
35. For each disease, what is being done to cure the disease (amchi, dhami doctor, what medicines, what herbs)?

Health Data (for ANM to collect)

36. Household residents with acute upper respiratory infection (AURI):

Name	Sex	Age

37. Household residents with acute lower respiratory infection (ALRI):

Name	Sex	Age

38. Household residents currently suffering from diarrhea:

Name	Sex	Age	Blood in diarrhea? (y/n)

39. Household residents suffering from diarrhea within last 3 months:

Name	Sex	Age	Blood in diarrhea? (y/n)

40. Household residents currently suffering from worms:

Name	Sex	Age

41. Household residents suffering from intestinal worms within last 3 months:

Name	Sex	Age

42. How many children do you wish to have? And why?

43. How many children is ideal? And why?

44. Is this different from your mother's ideal?

45. If it is different, why are your ideas different from your mother's?

46. Do you have access to contraception?

47. Where can you access contraception?

48. Do you and your husband agree on ideal family size?

49. Do you and your husband agree on contraception?

50. What kind of contraception have you used?

51. For each child (under age 5) in the household, record the following information:

Measurement	Name	Name	Name	Name
Sex				
Age in months				
BCG Scar Y/N				
Mid-upper arm circumference (cm)				
Weight				
Height/length (cm)				
Diarrhea Y/N				
Blood in diarrhea Y/N				
Dehydrated Y/N				
Worms Y/N				
Palmar pallor				

52. For each woman of childbearing age in the household, record the following information:

Measurement	Name	Name	Name	Name
Month and year of marriage				
Age				
Weight				
Height (cm)				
Palmar pallor				
Do you have to stop to catch your breath when walking at a moderate speed (do you stop more than normal)				
Do you walk more slowly than persons as old as you because of difficulty breathing?				
Fertility Data:	Child's Name:	Sex:	Birthdate:	Surviving? (if no, when died and how?)
First Child				
Second Child				
Third Child				
Fourth Child				
Fifth Child				
Sixth Child				
Seventh Child				
Eighth Child				